



SLMA News

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President's Message

We have now concluded the first four months of our annual programme.

During this period we have had two well attended regional meetings at Monaragala and Trincomalee and four monthly clinical meetings in Colombo.

There were 3 symposia organized by the Committees on Women's Health, Communicable Diseases and Ethics on "Addressing health issues and providing health care in Sri Lanka: are we gender sensitive?", "Rabies" and "Clinical Ethics Committees" respectively. These too were well attended.

All preparations have now been made for the Annual Scientific Sessions, which will commence on 31st of May 2010. The most important activity will be the pre-congress theme seminar on "Achieving equity in health". The details of this and the congress and post-congress workshops are given in the Newsletter.

The steering committee has taken great pains to arrange a programme which addresses both biomedical and social issues pertaining to health which would be of interest to a broad array of disciplines within the medical profession. Opportunities for networking and social interaction with our guest lecturers and with participants are an important aspect of such meetings.

I would like to appeal to our membership to register and actively participate in all the activities including the Doctors' Concert and the Conference Dinner. I would like to remind those in the government sector that according to the Establishments Code they are entitled to obtain duty leave for this purpose.

The registration fees are highly subsidized thanks to our sponsors, and would provide you not only an intellectual, but a culinary and aesthetic feast.

Dr Narada Warnasuriya
President, SLMA

SRI LANKA MEDICAL ASSOCIATION

123rd Annual Scientific Sessions
31st May - 4th June 2010 – Cinnamon Grand, Colombo

Monday 31st May 2010

Theme Seminar (Pre-Congress)

ACHIEVING EQUITY IN HEALTH, THE SRI LANKAN EXPERIENCE

9.00 am – 1.00 pm (*Oak Room, Cinnamon Grand*)

- 9.00 am **Inauguration and Lighting of the Oil Lamp**
9.10 am **Welcome Address**
Dr. Narada Warnasuriya, President, SLMA
9.20 am **Address by Dr. Ravi Ruberu, Secretary/ Ministry of Health**
9.30 am *Dr. Ravi Ranan-Eliya*
10.00 am *Dr. Godfrey Goonathilake*
10.30 am *Professor Sir Michael Marmot*
11.00 am **TEA**
11.30 am **Panel Discussion**
Prof. W D Lakshman *Dr. Moazzem Hossain*
Dr. Oratai Rauyajin *Dr. Palitha Abeykoon*
Prof. Zulfiqar Bhutta *Dr. Sarath Samarage*

INAUGURATION

6.00 – 9.30 pm (*Oak Room, Cinnamon Grand*)

- 5.45 pm **Guests take their seats**
6.00 pm **Arrival of the Chief Guest and Guest of Honour and introduction to Council Members**
6.15 pm **Ceremonial Procession**
6.20 pm **National Anthem**
6.25 pm **Lighting the Lamp of Learning**
6.35 pm **Welcome Address**
Dr. Narada Warnasuriya, President, SLMA
6.50 pm **Address by the Chief Guest**
Professor Sir Michael Marmot
Director, UCL International Institute for Society and Health,
Professor of Epidemiology and Public Health, University College London
7.10 pm **Address by the Guest of Honour**
7.20 pm **“Rawana” Ravibandu drum ensemble**
7.40 pm **Vote of thanks**
Dr. Indika Karunathilake, Honorary Secretary, SLMA
7.50 pm **SLMA ORATION 2010**
“Ergonomic Factors of Educational Environments and Influence on School-going Early Adolescents”
Dr. Kapila Jayaratne
MBBS, DCH, MSc, MD (Community Medicine)
Consultant Community Physician, Family Health Bureau
8.35 pm **Procession leaves the hall**
8.45 pm **Reception**

Tuesday 1st June 2010

8.00 am	Registration	
	Symposium 1	
	CONGENITAL HEART DISEASE	(Hall A)
8.30 am	Congenital Heart Disease - from childhood to adulthood <i>Dr. Duminda Samarasinghe</i>	
8.50 am	What can be done? The cardiologist's perspective <i>Dr. Shehan Perera</i>	
9.10 am	The surgeon's perspective <i>Dr. Kanchana Singappuli</i>	
9.30 am	Discussion - What will you do?	
	Symposium 2	
	DIAGNOSTIC AND MANAGEMENT PEARLS IN DERMATOLOGY	(Hall B)
8.30 am	Dermatological problems in children <i>Prof. Jayamini Seneviratne</i>	
9.00 am	Dermatological problems in adults <i>Dr. Ganga Sirimanne</i>	
9.30 am	Cutaneous manifestations in systemic diseases <i>Dr. Ramya Ragunathan</i>	
	Symposium 3	
	ISSUES AND CHALLENGES IN MENTAL HEALTH	(Hall C)
8.30 am	Self harm among teenagers - a worrying trend? <i>Dr. Swarna Wijethunge</i>	
8.50 am	Deliberate Self Harm – a recent overview <i>Dr. Raveen Hanwellla</i>	
9.10 am	Promoting community mental health in Sri Lanka <i>Dr. M C Weerasinghe</i>	
9.30 am	Mental health and development with community partnership - experiences in rural Sri Lanka <i>Dr. Neil Fernando</i>	
10.00 am	PLENARY LECTURE Fair Society Healthy Lives <i>Prof. Sir Michael Marmot</i>	(Hall A)
10.45 am	TEA & POSTER VIEWING	
11.00 am	GUEST LECTURE 1 Mainstreaming nutrition: going beyond survival <i>Dr. Zulfiqar Bhutta</i>	(Hall A)
	GUEST LECTURE 2 Undernutrition and frailty in older adults <i>Dr. Kamilia Tai</i>	(Hall B)
	GUEST LECTURE 3 Unfair societies: social factors and pathogenesis <i>Prof. Saroj Jayasinghe</i>	(Hall C)
11.30 am	Free paper session 1 - Cardiology	(Hall A)
	Free paper session 2 - Medicine	(Hall B)
	Free paper session 3 - Psychiatry	(Hall C)
12.30 pm	GUEST LECTURE 4 To be announced	(Hall A)

	GUEST LECTURE 5	(Hall B)
	Advances in insulin management of type 2 diabetes <i>Dr. Jonathan Levy</i>	
	GUEST LECTURE 6	(Hall C)
	Clinical Ethics <i>Prof. Anoja Fernando</i>	
1.00 pm	LUNCH & POSTER VIEWING	
1.45 pm	Free paper session 4 - Paediatrics	(Hall A)
	Free paper session 5 - Tropical Medicine (1)	(Hall B)
	Free paper session 6 - Health Services Research	(Hall C)
	Symposium 4	
	NUTRITION FOR DEVELOPMENT	(Hall A)
2.45 pm	Complementary feeding <i>Dr. Zulfiqar Bhutta</i>	
3.05 pm	Nutrition and food security <i>Dr. Renuka Jayatissa</i>	
3.30 pm	Commentary <i>Dr. Moazzem Hossain</i>	
3.45 pm	Discussion	
	Symposium 5	
	NEW FRONTIERS OF E-LEARNING IN MEDICINE	(Hall B)
2.45 pm	Introduction to e-learning <i>Dr. Indika Karunathilake</i>	
2.55 pm	Delivery of online courses for continuing medical education: a new venture with successes and challenges <i>Prof. Nandani de Silva</i>	
3.10 pm	Role of e-learning in surgical postgraduate training: the Sri Lankan experience <i>Dr. Aloka Pathirana</i>	
3.25 pm	Myths about e-learning <i>Dr. Gominda Ponnampereuma</i>	
3.40 pm	Demonstration of online learning platforms <i>Dr. Pandula Siribaddana</i>	
3.55 pm	Discussion and way forward	
	Symposium 6	
	FROM ADVOCACY TO SOCIAL RESPONSIBILITY - GP's ROLE	(Hall C)
2.45 pm	Pre-test counselling in antenatal investigations Interactive Session Moderator: <i>Dr. Eugene Corea</i> Panel: <i>Prof. Hemantha Senanayake</i> <i>Dr. Duncan Bujawansa/ Mr. J. N. Ashraff</i>	
3.25 pm	Patient safety <i>Dr. W. Ramasinghe/ Miss. Christine Perera</i>	
3.45 pm	A Wave of Hope <i>Dr. K. Chandrasheker</i>	
4.15 pm	TEA	
7.30 pm	DOCTORS' CONCERT Oak Room, Cinnamon Grand	

Wednesday 2nd June 2010

8.00 am	Registration	
8.30 am	GUEST LECTURE 7 Prospect for a vaccine against HIV-I <i>Dr. Lucy Dorrel</i>	(Hall A)
	GUEST LECTURE 8 A holistic approach to the care of IDPs <i>Dr. Vinya Ariyaratne</i>	(Hall B)
	GUEST LECTURE 9 The story of surgery – from a gruesome past to a fascinating future <i>Prof. Mohan de Silva</i>	(Hall C)
9.00 am	Free paper session 7 - Tropical Medicine (2)	(Hall A)
	Free paper session 8 - Epidemiology	(Hall B)
	Free paper session 9 - Surgery	(Hall C)
10.00 am	INTERACTIVE SESSION 1: NEUROLOGY Neurology <i>Dr. Udaya Ranawaka</i> <i>Dr. Thashi Chang</i>	(Hall A)
	Preliminary Session	(Hall B)
10.00 am	LOCAL AND GLOBAL EXPERIENCES IN SETTING UP DISABILITY SERVICES Striving for equity through social change <i>Dr. Padmani Mendis</i>	
10.20 am	<i>Prof. Maria Crotty</i>	
10.00 am	INTERACTIVE SESSION 2: COMMON ISSUES IN SURGERY Screening for breast cancer in Sri Lanka - who could benefit? <i>Dr. Naomal Perera</i>	(Hall C)
10.10 am	Rectal bleeding - can we ignore? <i>Dr. Deepaka Weerasekera</i>	
10.20 am	Morbid obesity -best management <i>Dr. Thejana Wijeratna</i>	
10.30 am	Discussion	
10.45 am	TEA & POSTER VIEWING	
	Symposium 7	(Hall A)
11.00 am	ERECTILE DYSFUNCTION Pathophysiology and epidemiology of Erectile Dysfunction <i>Dr. Lasantha Malavige</i>	
11.30 am	Evaluation of men with Erectile Dysfunction <i>Prof. Mike Kirby</i>	
12.00 noon	Treatment of Erectile Dysfunction <i>Dr. Jonathan Levy</i>	
	Symposium 8	(Hall B)
11.00 am	ENABLING THE DISABLED IN SRI LANKA; Experiences of the stake holders Views of a policy maker <i>Mrs. V. Jegarajasingham</i>	
11.15 am	Working as a team in the community <i>Dr. Bandara Panagamuwa</i>	
11.30 am	Community based rehabilitation, what we have achieved <i>Dr. Deepthi Perera</i>	

- 11.45 am **Working as a Speech and Language Therapist and the rights for appropriate education**
Ms. Ianthie Perera
- 12.00 noon **Challenges in my life**
Mr. Priyantha Peiris
- 12.15 pm **Achievements of my son**
Mrs. Saroja Dullewa
- Symposium 9** (Hall C)
HEALTHCARE IN HUMANITARIAN CRISIS
- 11.00 am **The Manik Farm experience**
Dr. Novil Wijesekara
- 11.20 am **Health as a bridge to peace**
Dr Terrance de Silva
- 11.40 am **Role of WHO in providing healthcare during humanitarian crisis**
Dr. Edwin Salvador
- 12.00 noon **Role of UNICEF in providing healthcare during humanitarian crisis**
Diane Stevens
- 12.10 pm **Discussion**
- 12.30 pm **GUEST LECTURE 10** (Hall A)
Recent advances in endometriosis
Prof. Hemantha Senanayake
- GUEST LECTURE 11** (Hall B)
Biomedical Engineering – closing the gap between engineering and medicine for improvement of healthcare systems
Dr. Nuwan Dayananda
- GUEST LECTURE 12** (Hall C)
ECMO and its position in the therapy of respiratory failure in adults
Prof. Martin Balik
- 1.00 pm **LUNCH & POSTER VIEWING**
- 1.45 pm **Free paper session 10 - Reproductive and Sexual Health** (Hall A)
Free paper session 11 - Endocrine and Metabolism (Hall B)
Free paper session 12 - Microbiology / Immunology (Hall C)
- Symposium 10** (Hall A)
DIABETES AND CARDIOVASCULAR RISK IN SRI LANKA: WHERE HAVE WE GONE WRONG?
Interactive case based discussion
- 2.45 pm **A stroke victim with neglected hypertensive disease**
Dr. Prasad Katulanda
Diabetic patient suffering lower limb loss from end organ disease
Dr. Rezni Cassim
A/L student with metabolic syndrome
Dr. Ruvaiz Haniffa
Developed country perspective
Prof Brian Oldenburg
Brief introduction to NIROGI Lanka Project
Prof. Chandrika Wijeyaratne Dr. Noel Somasunderum Dr. Carukshi Arambepola
- Symposium 11**
REGIONAL MEDICAL COUNCILS – ROLES AND ISSUES (Hall B)
- 2.45 pm **Role of the Medical Council of India in Medical Education**
Dr Vedprakash Mishra
- 3.15 pm **Future plans of the Network of Regional Medical Councils**
Dr Somnath Ariyal

- 3.45 pm** **Issues facing the Sri Lanka Medical Council**
Professor Lalitha Mendis
- Symposium 12**
NEW CHALLENGES IN ICU **(Hall C)**
- 2.45 pm** **Clinical judgment vs. technology: A dilemma in ICU?**
Prof. Malcom Wright
- 3.15 pm** **A comprehensive echo protocol in ICU including tissue doppler vs. focused assessment echocardiography**
Prof. Martin Balik
- 3.45 pm** **Cardiac probe beyond the heart: A combined approach of cardiac & lung ultrasound in assessing haemodynamics in ICU**
Dr. Aruna Munasinghe
- 4.15 pm** **S C PAUL ORATION** **(Hall A)**
Use of Stable Isotopes in Human Nutrition Research: Sri Lankan Experiences
Dr Manjula Hettiarachchi MBBS, PhD
Senior Lecturer in Nuclear Medicine, Faculty of Medicine, Galle
- 5.30 pm** **TEA**
- 7.30 pm** **CONFERENCE DINNER**
Grand Ballroom, Galle Face Hotel

Thursday 3rd June 2010

POST CONGRESS SESSION I

SEMINAR ON HEALTH ISSUES IN ELDERLY WOMEN

9.00 am – 12.15 pm (*SLMA Auditorium*)

Jointly Organised by the Women's Health Committee of the SLMA and the Menopause Society of Sri Lanka

PART 1: SYMPOSIUM ON POST MENOPAUSAL OSTEOPOROSIS

9.00 am **Overview of osteoporosis**

Dr. Lalith Wijeyaratne

9.25 am **Prevention and management**

Dr. Kolitha Sellahewa

9.50 am **Role of HRT**

Dr. Ananda Ranathunga

10.05 am **Discussion**

PART 2:

10.20 am **Bringing about postmenopausal good health through nutrition**

Dr. Renuka Jayatissa

10.50 am **HRT and its controversies**

Dr. M.D.P. Gunarathne

11.20 am **Genitourinary problems**

Dr. Madhava Karunarathne

11.50 am **Discussion**

12.15 pm **Close**

POST CONGRESS SESSION II

MEETING THE CHALLENGES IN ENVIRONMENTAL HEALTH IN THE ASIA-PACIFIC REGION

1.15 – 5.00 pm (SLMA Auditorium)

Note: the session will be web cast live, with real time participation from Hawaii, Thailand, Indonesia and India

- 1.15 pm **Registration**
- 1.30 pm **Identifying environmental health priorities of the Asia Pacific region**
Prof. Rohini de Alwis Senevirathne
- 2.00 pm **Challenges in combating Dengue & community perspective for prevention and control**
Dr. Paba Palihawadana
- 2.30 pm **Recovering from natural disasters in the Asia Pacific region**
Prof. Paula Palmer
- 3.00 pm **Recovering from man-made disasters in the Asia Pacific region**
Prof. Walter Patrick
- 3.30 pm **Health and Public Health Concerns in Climate Change**
Prof. Bruce Wilcox
- 4.00 pm **Environment Health and Non-communicable diseases**
Prof. Brian Oldenburg
- 4.30 pm **Panel Discussion**
Prof. Wen Ta Chiu *Prof. Tomiko Hokama*
Prof. Amin Jalaudeen *Mrs. Kantha Lankathilake*
- 5.00 pm **Close**

Friday 4th June 2010

POST CONGRESS SESSION III

“SATELLITE MEETING ON MEDICAL GENETIC DIAGNOSTICS”

8.30 am – 4.30 pm (Faculty of Medicine, University of Colombo)

- 8.30 am **Registration**
- 9.00 am **SYMPOSIUM ON GENETIC DIAGNOSTICS**
From Ideogram to Spectrogram
Dr. Solomon F D Paul
Studying patients with rare genomic disorders to gain novel biological knowledge
Dr. Eirik Frengen
- 10.30 am **TEA**
- 11.00 am **SYMPOSIUM ON THE FUTURE OF GENETIC DIAGNOSTICS AND REGENERATIVE MEDICINE**
Positional cloning of monogenic diseases, before and after the introduction of next generation sequencing
Prof. Dag Undlien
Use of Allogeneic Bone Marrow Derived Mesenchymal stem cells in Critical Limb Ischemia: Report on Phase I/II clinical trial in India
Dr. (Lt Col) Pawan K Gupta
- 12.30 pm **LUNCH**
- 1.30 pm **Launch of the MSc Courses in Clinical Genetics and Genetic Diagnostics at the University of Colombo**
With the participation of:
Prof. Rohan W Jayasekara – Director, Human Genetics Unit
Prof. Kshanika Hirimburegama – Vice Chancellor, University of Colombo

Prof. Harsha Senevirathne – Dean, Faculty of Medicine
Prof. Dag Undlien – Head, Institute of Genetics, University of Oslo
Norwegian Ambassador in Sri Lanka
High Commissioner for Nepal in Sri Lanka

- 2.30 pm** **TEA**
- 3.00 pm** **SYMPOSIUM ON NEWBORN SCREENING**
Identifying & Treating Inborn Errors of Metabolism
Dr. Mamta Muranjan
Implementation of Newborn Screening in Goa, India – A Case Study
Dr. Rohit Cariappa
- 4.30 pm** **Close**

POST CONGRESS SESSION IV

SEXUAL MEDICINE

8.30 am – 4.00 pm (*SLMA Auditorium*)

- 8.30 am** **Introduction to Sexual Medicine**
Dr. John Dean
Introduction to Psychosexual Medicine
Dr. Margaret Denman
Sex education
Dr. Jill Edwards
- 9.45 am** **PREMATURE EJACULATION**
Prevalence and risk factors for Premature Ejaculation
Dr. David Edwards
Management of Premature Ejaculation
Dr. Lasantha Malavige
- 10.45 am** **TEA**
- 11.00 am** **ERECTILE DYSFUNCTION**
Prevalence and risk factors for Erectile Dysfunction
Dr. Lasantha Malavige
Genitourinary procedures causing Erectile Dysfunction
Dr. Neville D Perera
Sex and Heart
Prof. Mike Kirby
Medical management of Erectile Dysfunction
Dr. Jonathan Levy
Role of surgery in the management of Erectile Dysfunction
Dr. Ajith Malalasekara
- 12.30 pm** **Panel Discussion – Male Sexual Dysfunction**
- 1.00 pm** **LUNCH**
- 1.45 pm** **Female sexual dysfunction**
Introduction to female sexual dysfunction
Dr. Athula Kaluarachchi
Vaginismus
Dr. David Edwards
Hypoactive sexual desire disorder
Dr. Sudhakar Krishnamurti
- 3.30 pm** **Panel discussion – Female Sexual Dysfunction**
- 4.00 pm** **Close**

POST CONGRESS SESSION V

HANDS ON TRAINING WORKSHOP ON REHABILITATION

8.30 am – 4.15 pm (*Lady Ridgeway Hospital*)

- 8.30 am Registration**
- 9.00 am Introduction to Rehabilitation Medicine**
Prof. Maria Crotty
- 9.25 am Rehabilitation and Classification of Spinal Cord Injuries**
Dr. Ruth Marshall
- 9.50 am Rehabilitation following stroke**
Dr. Venugopal Kochiyil
- 10.15 am TEA**
- 10.30 am Rehabilitation and prosthesis use post amputation**
Dr. Charitha Perera
- 10.55 am Dilemmas in an amputee**
Dr. Bandara Panagamuwa
- 11.20 am Transition of care from paediatric to adult services in cerebral palsy**
Dr. Nigel Quadros
- 11.45 am Rehabilitation following traumatic brain injury**
Prof. Ashish Macaden
- 12.10 pm Musculoskeletal rehabilitation**
Associate Prof. Mrinal Joshi
- 12.35 pm LUNCH**
- 1.15 pm** Short demonstrations and practice at 6 stations with patients, the participants will be grouped in 10- 12 per each and will be rotating through each station. There will be patients or orthotics/prosthesis in these stations. 6 stations and 20 minutes per station.
- 3.30 pm Wrap up**
- 4.00 pm TEA**
- 4.15 pm End of session**

REGISTRATION

FULL REGISTRATION					
SLMA MEMBERS	Rs 3,500/=	NON-SLMA MEMBERS	Rs 4,000/=	MEDICAL STUDENTS	Rs 2,000/=
DAY REGISTRATION					
SLMA MEMBERS	Rs 2,000/=	NON-SLMA MEMBERS	Rs 2,500/=	MEDICAL STUDENTS	Rs 1,000/=
SESSION REGISTRATION Rs 750/= (Per Session)					
FOREIGN PARTICIPANTS					
SAARC region	US\$ 75	Non-SAARC	US\$ 100		
<u>PRE CONGRESS WORKSHOP</u>					
▪ Achieving Equity in Health, the Sri Lankan Experience-		SLMA Members Free Non Members – Rs 1,000/=			
<u>POST CONGRESS WORKSHOPS</u>					
▪ Seminar on Health Issues In Elderly Women		Rs 500/=			
▪ Meeting the Challenges In Environmental Health in The Asia-Pacific Region –		Registration Fee: Rs 1000/= Student Registration Fee: Rs. 250/=			
▪ Satellite Meeting on Medical Genetic Diagnostics - Doctors –		Rs 1,000/=			
		Students – Rs 500/=			
▪ Sexual Medicine		- Rs 1,000/=			
▪ Hands on Training Session on Rehabilitation		- Rs 1,000/=			

SLMA RESEARCH GRANTS 2010

The research promotion committee of the SLMA is glad to inform you that applications are invited for the third round of grants. The first and second rounds of the grants were successfully completed. The grants are targeted for young researchers in their early carrier. Preference will be given for proposals on applied research that could be initiated or completed with the available grant. The maximum financial assistance for a project is Rs 100,000. The guidelines for the award of the grants and the application forms are available in at the SLMA office. The deadline for the applications is 31 of July 2010.

Applications will be reviewed by an expert panel and the grant will be awarded on the scientific merit of the proposal.

Manuj C Weerasinghe,
Secretary, Research Promotion Committee

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